



February Activities 2019



Sun Mon Tue Wed Thu Fri Sat



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| <p>10:00 Trivia Games 2:00 Country Gospel with Roy & Hazel</p> | <p>GROUNDHOG DAY 10:00 Fun & Fitness 2:00 Shirley Temple Party</p> |
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| <p>SUPERBOWL SUNDAY </p> |
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| <p>2:00 Belmont Bowling League</p> |
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| <p>10:00 Beauty Works 2:00 Eastminster United Church Service 6:30 First Floor Treat Your Feet</p> |
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| <p>NEW LIBRARY BOOKS ARRIVE 2:00 Resident Council Meeting</p> |
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| <p>10:00 Men's Group 10:30 Anglican Communion 2:00 Belmont Bingo 6:30 Glee Club</p> |
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| <p>10:00 Creative Crafts 2:00 Happy Hour & Auction</p> |
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| <p>10:00 Fun & Fitness 2:00 Hangman</p> |
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| <p>10:00 Muffin Monday 50/50 DRAW 1:30 - 4:30 Music Therapy Groups with Kim</p> |
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| <p>10:00 Tuck Shop Cart 2:00 Free Methodist Church Service 6:30 Second Floor Treat Your Feet</p> |
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| <p>10:00 Fun in the Kitchen 2:00 Ice Cream Social</p> |
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| <p>RED AND PINK DAY 9:30 Men's Group Movie 2:00 Valentine's Bingo 6:30 Fellowship Hour</p> |
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| <p>10:00 Catholic Communion 2:00 Sing along with Mark McGreevy</p> |
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| <p>10:00 Fun & Fitness 2:00 High Tea</p> |
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| <p>2:00 Fellowship Hour with Maria Slack</p> |
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| <p> Happy Family Day</p> |
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| <p>10:00 Beauty Works 2:00 Salvation Army Church Service 6:30 First Floor Treat Your Feet</p> |
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| <p>10:00 Aromatherapy 2:00 Rousing Game of The Price Is Right</p> |
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| <p>10:00 Men's Group 2:00 Belmont Bingo 6:30 Movie Night</p> |
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| <p>10:00 Catholic Communion 2:00 Resident Birthday Party with Nancy D</p> |
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| <p>10:00 Fun & Fitness 2:00 Adventist Group Singers</p> |
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| <p>Love What Matters</p> |
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| <p>1:30 - 4:30 Music Therapy Groups with Kim</p> |
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| <p>10:00 Montessori Morning 2:00 Tap your Toes with Darlene & The Shamrock</p> |
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| <p>10:00 Toddler Time 2:00 Herbal Tea with The Vivacious Quartet</p> |
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| <p>10:00 Men's Group 2:00 Belmont Bingo 6:30 Evening Tea & Toast</p> |
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Euchre Games Tues. @1:30pm
Group Exercise Classes Tues. & Thurs. @10am
Pet Visits Wednesdays @10am
Small group colouring, movies, cards, teas, and board games available weekly
Sundays - Small groups and 1:1 visits for Residents who don't attend scheduled programs